

Invitation to bowel cancer screening

In Denmark, all citizens between the ages of 50 and 74 are offered a screening for bowel cancer every two years. This letter explains how the screening process works. A screening for bowel cancer (i.e. cancer in the colon and rectum) can detect pre-stages (polyps in the bowel) and bowel cancer at an early stage, so that there are good possibilities for successful treatment and cure. Participation in the screening is voluntary and free of charge.

How do you participate?

You have received a letter in the post with a small plastic tube and a small brush that you must use to take a sample of your stool. You will also find a stamped reply envelope. When you have taken your stool sample, you insert the plastic tube into the stamped return envelope and send it back by post. Remember to affix the small label with your Danish CPR number on the plastic tube. The stool sample will be examined for signs of invisible blood in a laboratory.

You can read the instructions for taking the stool sample in English [here](#).

If you have planned a trip, please wait to take the test until you have returned home.

Response to the stool test

The results of your stool test will be sent to you in your e-Boks or in a letter. A copy of the test results will also be sent to your doctor. If there are signs of blood in the sample, you will be given an appointment for an internal examination of the colon (colonoscopy) at a hospital.

If there is no evidence of blood, you will receive a new invitation for bowel cancer screening in approximately two years. During the interim period, if you notice any symptoms of bowel cancer, such as blood and mucus in the stool, you should contact your doctor, even if you have just received the results of your stool test.

Do you have any questions?

If you have questions or if you have already had a check-up for an intestinal disease, you can call or write to the screening secretariat in your region. You can also contact the screening secretariat if you do not wish to participate in further screenings.

With best regards,

The screening secretariat in the North Denmark Region, tel.: 97 64 17 12

The screening secretariat in the Central Denmark Region, tel.: 78 42 01 70

The screening secretariat in the Region of Southern Denmark, tel.: 79 40 67 85

The screening secretariat in Region Zealand, tel.: 56 51 28 28

The screening secretariat in the Capital Region of Denmark, tel.: 38 67 17 17

